

#WithUkrainianJungians

Walking alongside our Ukrainian colleagues and all those facing erasure

‘Making the Unsayable Experiential’ (BB7)

<https://tinyurl.com/WUJ-Summer-Flyer>

Webinars - part 2

April: Lionel Corbett & Olena Pozdieieva

Jung’s notion of the Self: An emerging new God-image

May: Murray Stein & Serhiy Teklyuk, with Diane Stanley

Answer to Evil and A Dream for Our Time

June: Susan Schwartz & Elena Liulina

The Effect of Absent Fathers: Father Desire, Father Wounds

July: Ann Shearer & Viktoria Roslik

Perseus: A Myth for our times.

All are welcome

in association with **GAP** (Guild of Analytical Psychologists), **Wordlywise**
ARAS (Archive for Research in Archetypal Symbolism) & **Sanctus Media**

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The monthly gathering at the #WUJ Webinars

These webinars form part of the #WithUkrainianJungians (#WUJ) Project which invites the international Jungian community to gather once a month as a community for 16 months in solidarity with our Ukrainian colleagues and any other colleagues whose people are facing erasure.

The webinars are led by eminent Jungians in collaboration with some of our Ukrainian colleagues. The purpose is to build a strong container to hold our Ukrainian colleagues - and any other colleagues whose community is facing erasure - during a time of immense trauma.

We look forward to seeing you there!

4. Tuesday 25th April 2023 18:00 GMT

Lionel Corbett & Olena Pozdieieva

Chair: Alessandra di Montezemolo

Jung's notion of the Self: An emerging new God-image



Lionel writes:

The atrocities happening in Ukraine put me in mind of Jung's notion of the dark side of the Self. This kind of large-scale evil and suffering is almost unbearable to witness. It seems to be more than purely human evil, and it requires the response of the entire community as well as the contribution of individuals. Such collective evil is an ancient and eternal spiritual and psychological problem. I would like to contribute to a discussion about how we might try to contain and relate to this archetypal shadow, and I would like to participate in supporting our Ukrainian colleagues in the process.

Dr. Lionel Corbett trained in medicine and psychiatry in England and as a Jungian Analyst at the C.G. Jung Institute of Chicago. He is a professor of depth psychology at Pacifica Graduate Institute, in Santa Barbara, California. He is the author of six books: *Psyche and the sacred: The religious function of the psyche*; *The sacred cauldron: Psychotherapy as a spiritual practice*; *The soul in anguish: Psychotherapeutic approaches to suffering*; *Understanding Evil: A guide for psychotherapists*, and *The God-image: From antiquity to Jung*. He is the co-editor of four volumes of collected papers: *Psyche's Stories*; *Depth psychology, meditations in the field*; *Psychology at the threshold*; and *Jung and aging*. Contact email: corb@pacific.edu

Lionel continues...

This lecture will contrast Jung's notion of the Self with traditional theistic approaches to the divine. I will describe the range of ways in which the Self may appear within the psyche.

I will discuss the ways in which Jung's approach avoids the philosophical problems associated with the idea of God found in the Judeo-Christian tradition, and I will show how Jung's approach allows the development of a personal spirituality rather than one based on doctrine and dogma.

*I will discuss Jung's notion of the dark side of the Self in his *Answer to Job*, and the arguments with theologians this book produced.*

Olena Pozdieieva



Olena writes:

Before the outbreak of the full-scale war, I was thinking about God, about how this topic resonates in me, how it relates to my professional position? After the war started, I realised that this is not just an image inside me, it is my relationship, my sincere and new relationship with myself, with pain, despair and horrors of war, relationships, people, events, feelings that have been revealed in a new way. Everything becomes more obvious, but at the same time, less clear and unambiguous. What kind of God of war is he? What forces does he raise?

What becomes a point of support when all the previous verified meanings collapse?

Perhaps war is a place of transformation of our ideas about God, and perhaps enlightenment at the junction of realities?

Olena Pozdieieva is a Jungian analyst, Vice President of the Ukrainian Jungian Association and former President of PADAP (Professional Association of Child Analytical Psychologists), a member of UGR (Ukrainian Development Group), a member of the Czech Association of Psychotherapy and author of articles on Jungian analysis. She likes to explore the intersection of analytical psychology and art. Olena comes from the northern Black Sea region of Ukraine and loves the history of her land, which has always been a place of intersection of different cultures, starting from the C16 & C11 BC. Each culture brought its own values and works of art, that enriched our culture, but what has always remained unchanged for Olena is the free wind of the Ukrainian steppes.

Alessandra di Montezemolo

Alessandra writes:

I am honoured to join this significant webinar as moderator, within this courageous initiative together with our Ukrainian Colleagues, especially on this very special date. April 25th is a National Liberation day in Italy. On this precise day, in 1945, my country recovered its freedom from the nazi-fascist regime, and it is important to remember freedom from oppression and tyranny is always possible then and today...

I will continue to engage side by side with our Ukrainian colleagues, in our common and continuous quest for deep meaning and freedom in these thought-defying times. In preparing for April 25th, I would like to honour our colleagues with the words of a great German woman and philosopher that I have always recognised as having parallel relevant reflections to those of CG Jung on Self and Evil:

You are quite right, I changed my mind and do no longer speak of “radical evil.” ... It is indeed my opinion now that evil is never “radical,” that it is only extreme, and that it possesses neither depth nor any demonic dimension. It can overgrow and lay waste the whole world precisely because it spreads like a fungus on the surface. It is “thought-defying,” as I said, because thought tries to reach some depth, to go to the roots, and the moment it concerns itself with evil, it is frustrated because there is nothing. That is its “banality.” Only the good has depth that can be radical.(letter to Scholem December 1964)” Hannah Arendt



Alessandra di Montezemolo is a clinical psychologist and a training analyst at the CG Jung Institute in Zurich. She recently published several articles in French and Italian in Analytical Psychology journals.

Alessandra, is Italian but lived in seven countries in four different continents. She speaks and works clinically in four different languages and as a multi-cultural psychoanalyst actively engaged in today's world, she is particularly interested in building bridges between humanities, social sciences, and the different psychological approaches.

5. Tuesday 16th May 2023 18:00 GMT

Murray Stein & Serhiy Teklyuk with Diane Stanley

Chair: Sally Arthur

Answer to Evil and A Dream for Our Time



Murray writes:

I cordially invite you to join me in discussion of a numinous dream of transcendence within. It is a dream for our time and not only for the dreamer. The dream shows us a fifth dimension within the matrix of our lives.

Murray Stein, Ph.D. is a Training and Supervising Analyst at the International School of Analytical Psychology Zurich (ISAP-ZURICH). He has been president of the International Association for Analytical Psychology (IAAP) and President of ISAP-ZURICH and lectures internationally. He is the author of *Jung's Map of the Soul, Outside Inside and All Around, The Mystery of Transformation* and many other books and articles. Six volumes of his Collected Writings have been published to date. He lives in Switzerland and has a private practice in Zurich and from his home in Goldiwil.

Murray continues:

Dreams sometimes bring us an experience of the ineffable. They strike us as numinous and mysterious. They are what Jung, in his homely Swiss fashion, called 'big dreams'. Such dreams offer us symbols that surprise and puzzle us, at least at first, and surpass our present conceptual understanding.

Symbols are more than metaphors, which may delight and amuse us. Rather, they take us, if we follow them far enough, into a realm of the mysterious unknown and perhaps even the unknowable.

The experiential component will be an exercise in active imagination using the dream discussed in the lecture.

Serhiy Teklyuk



Serhiy writes:

As a scientist, I work on problems of psycho-social rehabilitation of patients who have experienced a psychotic episode and patients with schizophrenia. In particular, I was inspired by C G Jung's book "The Psychology of the Transference" to work with such complex mental states.

Since the beginning of the war, a significant part of my practice has been volunteer work with compatriots affected by the war and psychologists who provide crisis psychological assistance to the victims. To a large extent, I feel the impact of the war on my personal life, since I remain in Ukraine.

At the same time, the war in Ukraine has been going on for more than 12 months, and the need for urgent psychological help is becoming less popular. Now, the need for people to integrate the traumatic experience they have experienced in order to continue to live as fully as possible, as far as objective circumstances allow, is becoming more and more urgent. And the theory and practice of analytical psychology can best respond to this psychological question.

I am very grateful to my British colleagues for organising this project with the support of Ukrainian analysts and analytically oriented psychologists.

And I am grateful to the analysts from all over the world who supported this initiative and joined this assistance.

Serhiy Teklyuk Ph.D, is an IAAP Accredited Jungian Training & Supervising Analyst, Co-founder and President of the Ukrainian Jungian Association (UJA). He works as a Psychiatrist, Psychotherapist, Associated Professor of the Department of Psychiatry and Psychotherapy (Pirogov memorial National Medical University, Vinnytsia), and is the author and presenter of seminars on analytical psychology for analytically oriented psychologists.

Diane Stanley



Diane writes:

When Russia lawlessly invaded Ukraine, I was shocked and outraged. It was scarcely believable that this kind of barbarism was happening all over again to a European country in the 21st century. Here in South Devon, local artists like myself came together and donated their work for a fund-raising exhibition for Ukraine. It drew a lot of people. In London, my nephew set up an online charity to raise funds for Ukrainians who needed to flee the conflict. Since that time a whole year has passed. The Russian war of aggression grinds brutally on. It's a dismaying example of human evil. On the other hand, we are sincerely impressed and moved by the courage, skill and resilience of the Ukrainian people. I am grateful for the opportunity to participate in this international Jungian program. I trust it will offer meaningful psychological, spiritual and financial support to Ukraine at this critical juncture.

Diane Stanley has degrees in Comparative Religion and Fine Arts. She co-managed an art gallery in central London for ten years. She has practiced Tibetan Buddhist meditation seriously for four decades in both Eastern and Western contexts. This ultimately led her to embrace Jungian analysis, study and active imagination. She currently combines meditation and art with depth psychology.

Sally Arthur



Sally writes:

It is a privilege to be supporting our Ukrainian colleagues who inspire me every day with their resilience, courage and hope.

Sally Arthur is a Jungian Analyst with BJAA. She has a private practice in south west London where she works in English and Spanish. She facilitates Infant Observation groups and a Balint group. She is co-Chair of the Infant Observation committee with British Psychotherapy Foundation and runs seminars for their Introduction to Psychotherapy course and Jungian dream workshops.

6. Tuesday 6th June 2023 18:00 GMT

Susan Schwartz & Elena Liulina

Chair: Stephen Bushell

The Effect of Absent Fathers: Father Desire, Father Wounds



Susan writes:

The purpose of exploring absence is to create presence in the psyche, to fill the vacuum and pain with hope, new possibilities, and renewal.

Susan E. Schwartz, Ph.D. trained in Zurich, Switzerland as a Jungian analyst is also a clinical psychologist and member of the International Association of Analytical Psychology. She presents to numerous Jungian conferences and teaching programs in the USA and worldwide. Susan has articles in several journals and chapters in books on Jungian analytical psychology. Her current book is translated into several languages and was published by Routledge in 2020. It is entitled *The Absent Father Effect on Daughters, Father Desire, Father Wounds*. Another book will be published by Routledge in 2023 entitled *The Fragility of Self in the 'As-If' Personality: Imposter Syndrome and Illusions in the Mirror*. Her Jungian analytical practice is in Paradise Valley, Arizona, USA and her website is www.susanschwartzphd.com

Susan continues...

The presence of a father's emotional deadness and absence has a significant impact on body, mind, and soul. The 'absent father phenomenon' means those without a father figure retain an absence in the heart, a longing. Jungian and other depth analytical approaches, dreams, and case examples offer a context for understanding this experience and its ensuing dynamics psychologically, physically and emotionally.

The talk will also consider intergenerational experiences, as well as the context of war in which many fathers are forced to be absent and also may die. From experiencing this loss and absence we can find places for hope and healing to begin.

Elena Liulina



Elena writes:

I still can't believe that my life is going through wartime..., sometimes I keep thinking that I had a nightmare and I'll wake up soon.

War is not only the absence of peace, but the presence of "the emotional pain of absence".

In my country, there is a war and children often now say: "my dad is in the war" and get the answer: "your father is a hero". Long-term absence with losing psycho-emotional contact with father compensate by the hero image.

Unsayable emotional pain of the absence when the father died in the war can be on the depth of soul for a long time."

So, how do we make it through the war remembering future?

In this webinar, we hope we can discuss the meaning of absence, the variety of absent fathers and their effect personally and collectively.

Elena Liulina has a Masters Degree in Psychology from the University of Kiev. She has been a member of the Ukrainian Association of Psychotherapy since 2011, and a member of the Ukrainian Developing Group of IAAP since 2011. She has participated in the Katathym Imaginative psychotherapy course and then in the theoretical, practical and supervision course "Analytical Psychology and the basics of modern psychoanalysis". She has been a router of IAAP since November 2016 and is a training candidate with Association of Jungian Analysts (AJA) in London, UK. Elena is passionate about dancing and the practice of Authentic Movement. She is interested in the Jungian approach because it opens the door to respectful attention to the soul, to the ability to find a transforming symbol in connection with the unconscious, to active imagination, and the discovery of symbolism in world history and culture.

Stephen Bushell



Stephen writes:

My grandmother occasionally told me stories of her experience of being in London during the bomb raids of WWII; the terror, the uncertainty, the not knowing what they would find when they came out of the bomb shelter. It is truly horrific to know that similar uncertainty and terror is experienced daily in Ukraine where so many lives have already been lost, broken and disrupted. If these webinars can be some way of creating connections that can offer some support and hope to colleagues, their friends and families in the midst of such desolation, then I am very glad to be able to participate.

Jung's insistence in the reality of the opposites of good and evil make it incumbent upon us as analysts to turn our heart's attention to where these archetypal forces are manifesting in our own time and to seek to support those who suffer from such irruption.

Stephen Bushell is a senior analyst with the Guild of Analytical Psychologists (GAP). As a former priest in the Anglican Church and a long time practitioner of meditation he is especially interested in the relationship of Jungian psychology and spirituality. He co-runs a small retreat centre in the Spanish Pyrenees (lesgavatxes.es) where he hosts retreats and has an online analytic practice. His most recent publication, co-authored with Prof Divine Charura, is "A duo-ethnographic exploration of colonialism in the cultural layer of the objective psyche", published in the JAP February 2023.

7. Tuesday 4th July 2023 18:00 GMT

Ann Shearer & Viktoria Roslik

Chair: Urvashi Chand

Perseus: A Myth for our times.



Ann writes:

I'm glad to have the opportunity to join with so many others to express thoughts for our colleagues in Ukraine and the values we share.

The enormity of their task can seem overwhelming, yet somehow they keep going, and it's good to offer a small contribution to the support generated by #WUJ.

Ann Shearer read History at Cambridge and then worked as a journalist, specialising in social welfare. She campaigned for people who are marginalised, especially those with learning disabilities, and her international consultancy work & early books explored ways of creating more inclusive communities.

She then turned her energy from the wider collective to the inner worlds of individuals and trained as a Jungian analyst with Independent Group of Analytical Psychologists in London. She is now a senior analyst in private practice, and has taught widely both in the UK and elsewhere. For over a decade she was involved in the International Association for Analytical Psychology training in Russia, and she's been for years a visiting teacher for the IAAP group in Bulgaria. In her more recent writing, Ann has explored how the old myths and stories still illuminate psychological patterns in contemporary individuals. She continues to muse on the complex relationships between individual psychological processes and those of cultures and societies.

Ann continues...

Myths may not seem to have much to do with psychotherapy or what happens in the consulting room. These old stories may seem utterly irrelevant in times of international crisis. But Jung thought something different. He said,

Myths are first and foremost psychic phenomena that reveal the state of the soul....They are original revelations of the preconscious psyche, involuntary statements about unconscious psychic happenings.

Myths are about the relationships of gods and humans - between the ego and the archetypes of the collective unconscious which influence and direct our individual and collective lives. In this seminar we will first consider six ways in which working with myths can help us into greater understand of these relationships. Then we will work together on what the myth of Perseus might tell us about these tragic times.

Viktoria Roslik



Viktoria writes:

The war is a huge upheaval for me personally and for the country as a whole. The intensity and depth of feelings are sometimes exorbitant. There is so much destruction and pain and yet so much love and support that we receive now. Participation in the project for me is a huge resource which gives strength, faith to move forward, understanding that you are not alone and that so many people from different countries are willing to share your burden and that there are things that unite us and they are eternal.

Viktoria Roslik - Ukraine, Kyiv, Jungian analyst (IAAP certificate), member of the UJA group, 20 years of private practice with adults and children, 10 years of experience in teaching children and adolescents. I use sand therapy, fairytale therapy and mythology in my work. In my free time. I love gardening and cooking. This is something that especially now soothes and inspires. An important source of joy for me is music, dancing and long walks.

Urvashi Chand



Urvashi writes:

I grew up learning about, the difficulties of British rule in India and tales of the horrors of partition.

I wanted to join #WUJ to show my support against injustice and oppression.

Urvashi Chand worked for many years in the British Film and Television industry. She read Philosophy at the University of London and began training as a Psychotherapist at the London Centre for Psychotherapy graduating from WPF Therapy in Psychodynamic Psychotherapy. She was a recipient of the Jafar Kareem Intercultural Therapy Bursary and is currently in her final year of training to become a Jungian Analyst with the BJAA at the British Psychotherapy Foundation.

She runs the **bpf** Foundation Course, works in private practice in Mapesbury, and teaches on various psychotherapy trainings in London.

#WithUkrainianJungians

Walking alongside our Ukrainian colleagues and all those facing erasure

Social Dreaming Matrix

Tuesday 12th September 2023 18:00BST

SAVE THE DATE!

Simultaneous translation into Ukrainian

in association with **GAP** (Guild of Analytical Psychologists), **Wordlywise**
ARAS (Archive for Research in Archetypal Symbolism) & **Sanctus Media**

Money Matters:



Sally Arthur, from the #WUJ
Organising Committee

Sally writes:

Thank you to everyone who has already donated. We have received donations from all around the world.

What the money is used for

With this money we have been able to support our Ukrainian colleagues in, to name a few examples: food and housing; making bomb-damaged homes safe; transport costs to leave dangerous zones in Ukraine; essential supplies for families who find themselves refugees outside their country; medical bills; ongoing costs of training and supervision to colleagues who continue to work with their Ukrainian clients for free.

Money raised so far

The Ann Ulanov event in money raised £35,000 which went directly to our Ukrainian colleagues. So far the Webinars have raised £8,628. The Webinars are free to those from Ukraine. Everyone else is invited to make a donation. We have suggested a sliding scale based on the World Bank's country wealth ratings, to give donors an idea of how much they might contribute.

Tracking the money

The money that you donate is paid by GoFundMe (less their commission) directly to GAP's bank account. GAP is an IAAP Member and a charity registered in the UK. GAP transfers the money to two Ukraine bank accounts, one connected to UDG and the other to UJA. From there the money is paid out on #WUJ's instruction into Ukrainian colleagues' bank (or PayPal) accounts. Our colleague then acknowledges receipt of funds to #WUJ. All the money can be traced.

The only people being paid by #WUJ are our Ukrainian interpreters. The cost of the Zoom licence and two hours of technical support is being paid separately by generous sponsors. Everyone else is working for free. We are very grateful to everyone for their generosity.

Who is eligible?

Any Ukrainian colleague suffering financial hardship who can be vouched for by the UJA or UDG may apply for funds. Please email #WUJ at wuj@citypsychotherapy.org

Please click
[https://gofund.me/
49977cf7](https://gofund.me/49977cf7)
to donate
Thank you for
your generosity!

Simultaneous Interpretation

Simultaneous translation will most likely be available in:

- **German**
- **Spanish**
- **Italian**
- **French**
- **Portuguese**
- **Ukrainian**
- **Chinese**

With thanks to our 31-strong team of volunteer professional interpreters, who are offering this as their contribution to Ukraine.



Booking

1.

Make a donation

on our **GoFundMe** page:

<https://gofund.me/49977cf7>

To be as inclusive as possible, suggested minimum donations (by World Bank ranking) are:

High income: North America, Australia and Europe: £25 (trainees and routers: £15)

Upper middle income: South America and the Balkans: £15 (trainees and routers: £5)

Lower middle income: South East Asia and Africa: £5 (trainees and routers free)

Ukrainians & those working on the front line with Ukrainians: Free

2.

Book your ticket

- **Webinar 4: Lionel Corbett & Olena Pozdieieva**
<https://tinyurl.com/wuj-webinar4>
- **Webinar 5: Murray Stein & Serhiy Teklyuk, with Diane Stanley**
<https://tinyurl.com/wuj-webinar5>
- **Webinar 6: Susan Schwartz & Elena Liulina**
<https://tinyurl.com/wuj-webinar6>
- **Webinar 7: Ann Shearer & Viktoria Roslik**
<https://tinyurl.com/wuj-webinar7>

Webinar Recordings

The recordings of Webinars 1 & 2 will be made available to view in English, Ukrainian, German, Italian, Portuguese, French & Spanish on the ARAS website:

<https://aras.org/wuj>

Webinar 1: **Joe Cambray & Inna Kyryliuk**
 ‘Synchronicity and Trauma’

Webinar 2: **Sonu Shamdasani & Svitlana Shevchenko**
 ‘Jung’s New Cure of Souls: Reflections on Jung’s practice and later shifts in Analytical Psychology.’

Webinar 3: **Marian Dunlea:** BodyDreaming - aligning with the body and psyche’s inherent organic capacity for Self-regulation
 Olena Brante: Cold water swimming, trauma and myth

Please feel free to share the link and to make a donation:

<https://gofund.me/49977cf7>



With thanks to ARAS

#WUJ - ARAS Image Project



The Archive for Research in Archetypal Symbolism, ARAS, is pleased to collaborate with **#WithUkrainianJungians** in a joint effort to support our Ukrainian colleagues.

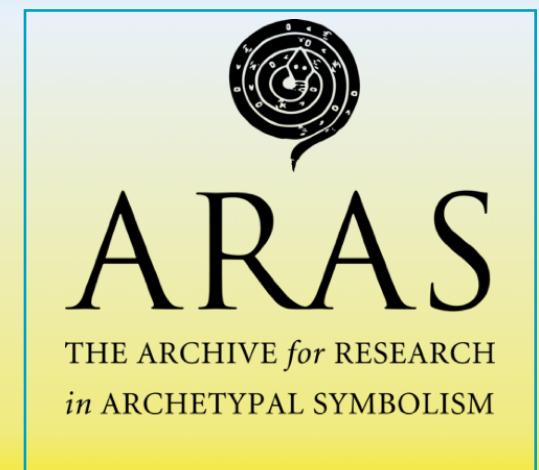
Presenters and participants in the 2023/4 #WUJ webinar series are invited to share images and pieces of music that arise in response to their experience of each webinar.

We are looking for newly created as well as existing images and music that come to mind. Pieces which manifest in a synchronistic way are also welcomed.

Submissions will be published at: **aras.org/wuj**

More about the image:

<https://aras.org/sites/default/files/docs/000149Singer.pdf>



How will the #WUJ - ARAS Image project work?

You can submit an image or audio file:

- Visit aras.org/wuj
- Click on 'submissions'
- Fill out **the form**

Accepted file types are: .jpeg, .png, .tiff, .mp3 & .wav.
Images need to be at least 72ppi.

ARAS will collate and publish your image/audio file with its cultural context and archetypal association on their website: aras.org/wuj

ARAS is also creating an '**internet home**' for the **#WUJ** series where images & all webinar recordings will be available to view. We hope this will attract a wider audience and stimulate financial contributions.

#WithUkrainianJungians

Film Project: 'Frames and Borders'

An international Jungian community film project reflecting our lives in the year ahead and who we are to each other. We will use the lens of our experience of the Ukrainian War, which may reach elsewhere.

Everyone is invited to participate. All you need is your mobile phone or a camera!

'Frames and Borders'

Frames: the film frame as border, framing ourselves and our lives, framing our understanding, framing our identity, framing realities.

Borders: between countries, between people, between conscious and unconscious, between psyche and matter, between thought and feeling.



**The project will be led by
Jungian analyst & film maker
Christopher Hauke (SAP)**
<https://www.christopherhauke.com>

Chris writes: *The aim is to make a community documentary film (or shorter films) that represents the Jungian community in these troubled times.*

If successful, we will offer it for viewing at the IAAP Congress in Zurich in 2025.

There are two ways to participate:

1. **Submit a short film clip** from your phone or a camera.

If you can work out how to do so, please select 1080 resolution (full HD, 1920 x 1080 pixels). This one is a common screen resolution for smart phones.

A minimum of 720 resolution (HD, 1280 x 720 pixels) is acceptable (but not preferred).

No more than **90 seconds** long. (Other clips, such as a short interview, may be submitted by arrangement with the production team)

2. **Join the production team** led by Chris Hauke.

The production team is a group of people (around a maximum of six with at least two from Ukraine) with some familiarity of handling video files (MP4 usually); being able to store and catalogue these; ability to upload and download them using a suitable platform such as Dropbox. (If you are reasonably confident on your computer handling video files is easy to learn, so if you would like to be involved please do contact us.) The group would also act as a production team viewing all the submissions and deciding on the story or stories we want to make from them that would be the finished documentary (or shorter documentaries).

We will also be looking for people to conduct short interviews of members of the Jungian community.

Chris has the facilities to edit the film using Adobe Premiere Pro, but people with the ability to sub-edit sections and supply them in a convenient format would be helpful.

Translating and sub-titling will need to be coordinated across all clips and the final edit.

No previous experience required - just enthusiasm for the project! There will be roles for everyone.

What should we film?

Aspects of the life being lived right now:

- Aspects of the life you would like to live and rarely get a chance to
- Anything around the theme of *frames* and *borders* and what that means to you (see above)
- A major external event
- A scene or streetscape (with or without commentary)
- Buildings - inside and out
- Day to day activity
- Life starting up and trying to return to normal
- Your dreams in the context of your life
- Synchronicities happening all the time
- Folk story connections
- Images that speak for themselves
- Reflections on your experiences
- Material to do with the body, the spiritual, nature...

Please remember:

- Always get the permission of any person you are filming
- Aim for realism
- Discuss potentially longer interviews with the production team (these might be good to divide up and link various other clips)
- Provide language translation in English and Ukrainian (we can also do this with our helpful team of translators)
- Film in 'landscape' orientation (phone held horizontally) to match 16:9 widescreen format (this is the standard default). Then all contributions are on a consistent footing. (Holding phone vertically in 'portrait' tends to make a special point as 'coming from an amateur' eg in newscasts).
- If needed, the team can offer advice on how best to film your clip.
- You may submit several clips over the course of the year.

Finally, bear in mind our title, 'Frames and Borders':

Frames: the film frame as border, framing ourselves and our lives, framing our understanding, framing our identity, framing realities. **Borders:** between countries, between people, between conscious and unconscious, between psyche and matter, between thought and feeling

We invite you to do something different this year!

Please email **Chris Hauke:** christopherhauke@icloud.com if you would like to be involved.



#WithUkrainianJungians

#WUJ Dream Depository

**You are invited to drop any dreams,
synchronistic or somatic experiences
into the #WUJ Dream Depository.**

The Depository is anonymous.

<https://forms.gle/NfasrSEVJC31YYaR6>

#WUJ objectives

#WUJ is an international collaboration between non-Ukrainians and Ukrainians that aims to engage the international Jungian community at grassroots level in meaningful support of colleagues experiencing sustained terror in Ukraine.

The 3 objectives of **#WUJ** are:

- to help alleviate trauma by standing alongside our Ukrainian colleagues
- to help reduce stress by providing financial support to colleagues who are suffering considerable financial hardship due to the war
- to use the resources of Analytical Psychology to sustain us all in these tumultuous times.

#WUJ acknowledges that our colleagues in Ukraine are not the only colleagues to experience trauma. We hope that what we are learning about how to respond will help inform a response in the future when colleagues are faced with extreme crises elsewhere in the world. All work in support of **#WUJ** is voluntary (other than when we are able to employ Ukrainians).

Attendance is free for Ukrainians and those providing significant support on the front line.

Contact: WUJ@citypsychotherapy.org

Please note: **#WUJ** has no staff or budget, so please be very patient if you contact us!

Webinar Schedule

All webinars start on Tuesdays at 18:00 GMT **except in March 2023** when Marian Dunlea's webinar will take place on a Saturday at 17:00 GMT instead.

January: 24.1.23	Joe Cambray & Inna Kyryliuk Synchronicity and Trauma.
February: 21.2.23	Sonu Shamdasani & Svitlana Shevchenko Jung's New Cure of Souls: Reflections on Jung's practice and later shifts in Analytical Psychology.
March: 25.3.23	Marian Dunlea & Olena Brante BodyDreaming - aligning with the body and psyche's inherent organic capacity for Self-regulation.
April: 25.4.23	Lionel Corbett & Olena Pozdieieva Jung's notion of the Self: An emerging new God-image.
May: 16.5.23	Murray Stein & Serhiy Teklyuk, with Diane Stanley Answer to Evil and A Dream for Our Time.
June: 6.6.23	Susan Schwartz & Elena Liulina The Effect of Absent Fathers: Father Desire, Father Wounds.
July: 4.7.23	Ann Shearer & Victoria Roslik Perseus: Myth for our times.

September: 19.9.23	Donald Kalsched Working with Affect and Defence in the Aftermath of Trauma.
October: 24.10.23	Verena Kast & Olga Kasianenko Coping with Grief - Difficulties and Resources.
November: 21.11.23	Renos Papadopoulos Collective Forms of Severe Adversity: narratives, traps, effects and therapeutic endeavours.
December: 12.12.23	Dale Mathers Being with not knowing.
2024	
January: 16.1.24	Tom Singer & Yuriy Danko The Mythopoetic Imagination and The Plague: An Antidote to the Contemporary Dystopian Paralysis
February: 13.2.24	Katerina Sarafidou & Olga Bernatska Love Inside-Out: Jung's Black Books as a framework for shaping one's attitude towards life, war and analysis.
March: 12.3.24	George Hogenson & Ganna Mitsuk New developments in the theory of archetypes.
April: 16.4.24	Ursula Wirtz Trauma and the Arts.
May: 21.5.24	Christopher Hauke 'Frames and Borders' - an international Jungian community film project reflecting who we are to each other, and what this means.

With thanks to everyone working on the project:

Organising Committee

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Judy Cowell
Jackie Fisher
Maxim Ilyashenko
Elisabetta Pasini
Susan Schwartz
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Claire Mouchot
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Christopher Hauke
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#WUJ-ARAS Image Project

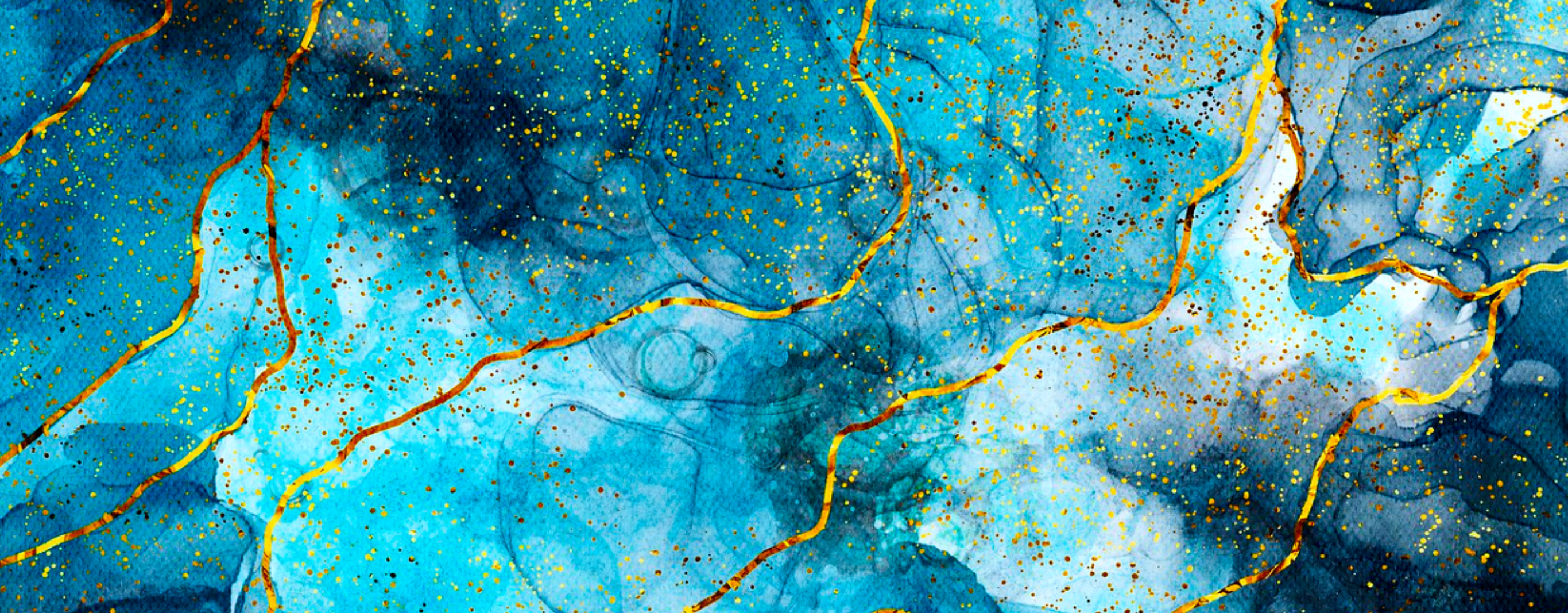
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Film Project

Chris Hauke
Tom Singer
Urvashi Chand
Olha Petruk

Design

Marilyn Mathew



Marilyn Mathew writes:

*This background image resonated with me after hearing **Joe Cambray & Inna Kyrlyuk's** beautiful & moving webinar on '**Synchronicity and Trauma**'. Synchronistically I then found that Joe had posted a photo of a Japanese **Kintsugi** bowl on the **ARAS Gallery** website - an image of a shattered blue ceramic bowl repaired using the Kintsugi art form, which uses gold to mend the cracks, creating luminescence and greater value through repair than was original present.*

ARAS Gallery: <https://aras.org/wujgallery>

Image: Teresa72: <https://pixabay.com/illustrations/marble-art-design-pattern-abstract-6815652/>