

#WithUkrainianJungians

Walking alongside our Ukrainian colleagues and all those facing erasure



Webinar 7

Tuesday 4th July 2023, 18:00 BST

Ann Shearer & Viktoriya Roslik

Perseus: A Myth for our times

ALL ARE WELCOME

Book HERE

In association with **GAP** (Guild of Analytical Psychologists), **WorldlyWise**
ARAS (Archive for Research in Archetypal Symbolism) & **Sanctus Media**

The monthly gathering at the #WUJ Webinars

Catherine Cox writes:

Dear Colleagues and Friends,

This will be the final monthly meeting of the international community in solidarity with our Ukrainian colleagues (and all colleagues facing erasure) before the summer break.

What a journey it has been!

Our Ukrainian colleagues have suffered hugely during this time - relentless bombings, tens of thousands of deaths, huge numbers of lost limbs, abduction of children, rape, torture, internal displacement, becoming refugees in a foreign country, financial hardship, loss of light, heating, telecommunications in the heart of winter, the repeated threat of nuclear attack - and now the blowing up of the Kakhovka dam, destroying thousands of homes, leaving hundreds of thousands without drinking water. With this ecological act of terrorism part of the world's 'bread basket' has been spoiled and the lack of irrigation to this fertile agricultural area will have an effect on global food supplies.

How can we as Analysts respond to such overwhelming trauma?

Our Ukrainian colleagues tell us that the monthly meetings are very important to them and make a real difference. They need to know they are not forgotten, that we care and hold them in mind. It helps them to be in contact with people who are safe, when they are in such danger. Our monthly meetings act as a container and support our colleagues in the incredible work that they somehow still manage to do by way of service to their clients, colleagues, communities, families and friends - even as they are being bombed.

The Ukrainian ministry of health has warned of a mental health tsunami ahead. Our colleagues are on the front line - we need to support them.

We have had some fabulous webinars which, thanks to our team of volunteer professional interpreters, are available to watch in 8 languages. The mingling of the experience of our keynote speakers with the raw content mined from the depths and worked on by our Ukrainian colleagues is unbelievably rich. It's been wonderful to watch everyone working together - across time zones, languages, and hugely diverse present circumstances.

These collaborations have been a gift to us all.

Please do come and support our Ukrainian colleagues on 4th July. If at all possible, please do attend on the day to show solidarity. It really does make a difference.

*We look forward to seeing you - **everyone is welcome!***

7. Tuesday 4th July 2023 18:00 BST

Ann Shearer & Viktoriya Roslik

Perseus: A Myth for our times.

Ann writes:

News reports tell us relentlessly that these are heroic times. Countless individuals know what that can mean. What better symbol of that energy than the paradigmatic hero himself?

Perseus has the resources to slay the monsters, rescue the innocent maiden, win his kingdom. Yet as Viktoriya Roslik will tell us, such energy comes with a huge psychic cost. When there is Perseus, there also are the monstrosly petrifying Medusa and the enchained Andromeda: their stories and his are inseparably linked. What is their experience, and what does this tell us about the hero's shadow? Is this the inevitable price of heroism? Viktoriya will also tell about a very different kind of hero.... I will build on these insights and explore the psychological value of spending time with mythic tales - both as therapists in the consulting room, and in our own individual lives as we try to understand and move through our collective times.



Ann continues...

I'm glad to have the opportunity to join with so many others to express thoughts for our colleagues in Ukraine and the values we share.

In this webinar we journey into the timeless zone where contemporary consciousness meets an unchanging collective unconscious and discover again that myths can be, as Jung said, 'first and foremost , psychic phenomena that reveal the state of the soul.'

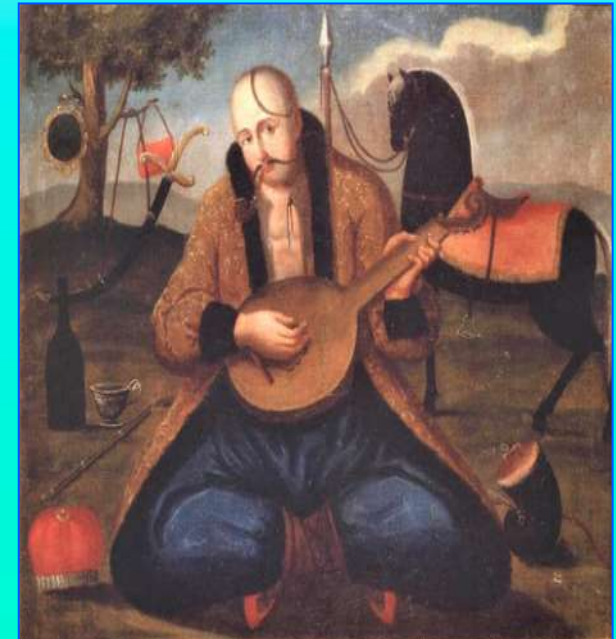


Perseus Freeing Andromeda, by Nicolas Bertin
1700 - 1725. Oil on canvas,. Musée des Beaux-Arts
de Carcassonne.

Ann Shearer read History at Cambridge and then worked as a journalist, specialising in social welfare. She campaigned for people who are marginalised, especially those with learning disabilities, and her international consultancy work & early books explored ways of creating more inclusive communities.

She then turned her energy from the wider collective to the inner worlds of individuals and trained as a Jungian analyst with Independent Group of Analytical Psychologists in London. She is now a senior analyst in private practice, and has taught widely both in the UK and elsewhere. For over a decade she was involved in the International Association for Analytical Psychology training in Russia, and she's been for years a visiting teacher for the IAAP group in Bulgaria. In her more recent writing, Ann has explored how the old myths and stories still illuminate psychological patterns in contemporary individuals. She continues to muse on the complex relationships between individual psychological processes and those of cultures and societies.

Viktoriya Roslik



Cossack Mamay by an unknown painter. C XIX. Oil on canvas.
National Art Museum of Ukraine

Viktoriya writes:

The war is a huge upheaval for me personally and for the country as a whole. The intensity and depth of feelings are sometimes exorbitant. There is so much destruction and pain and yet so much love and support that we receive now. Participation in the project for me is a huge resource which gives strength, faith to move forward, understanding that you are not alone and that so many people from different countries are willing to share your burden and that there are things that unite us and they are eternal.

Viktoriya Roslik - Ukraine, Kyiv, Jungian analyst (IAAP certificate), member of the UJA group, 20 years of private practice with adults and children, 10 years of experience in teaching children and adolescents. I use sand therapy, fairytale therapy and mythology in my work. In my free time. I love gardening and cooking. This is something that especially now soothes and inspires. An important source of joy for me is music, dancing and long walks.

Simultaneous Interpretation

Simultaneous translation will most likely be available in:

- **German**
- **Spanish**
- **Italian**
- **French**
- **Portuguese**
- **Ukrainian**
- **Chinese**

With thanks to our 31-strong team of volunteer professional interpreters, who are offering this as their contribution to Ukraine.



Booking & Money Matters

THANK YOU!

We have just sent **£10,560** to our Ukrainian colleagues.

It is being distributed between **48** colleagues suffering severe financial hardship, making a total of approximately **£220** each.

In addition, we pay our Ukrainian interpreters so that they are able to earn a living. This is a vital element of the project.

Some further costs are covered by individual and organisational sponsors - we thank them all. We also thank all our organisational sponsors and volunteers who support us incredibly generous in terms of their time (without charge) and resources.

We would like to raise more money as £220 will not go very far and so invite everyone attending the webinars or watching the recordings to sacrifice one hour's pay each month to help provide much needed financial support to our colleagues in Ukraine. Practical assistance will help to reduce stress and ameliorate mental health problems, so please do be as generous as you can. Many of our colleagues are unable properly to earn a living.

Make a donation for this webinar: [HERE](#)

Thank you for your generosity.

Book your ticket: [HERE](#)

Webinar Recordings

The recordings of the webinars are available on the ARAS website in English, Ukrainian, German, Spanish, French (not webinar 3), Portuguese, Italian and, from webinar 3 onwards, Chinese

To view the recordings, please click: [HERE](#)

Please feel free to share the link & donate: [HERE](#)

Webinar 1: **Joe Cambray & Inna Kyryliuk**
Synchronicity and Trauma

Webinar 2: **Sonu Shamdasani & Svitlana Shevchenko**
Jung's New Cure of Souls: Reflections on Jung's practice and later shifts in Analytical Psychology.

Webinar 3: **Marian Dunlea & Olena Brante:**
BodyDreaming - aligning with the body and psyche's inherent organic capacity for Self-regulation.

Webinar 4: **Lionel Corbett & Olena Pozdieieva:**
Jung's notion of the Self: an emerging new God-image.

Webinar 5: **Murray Stein & Serhiy Teklyuk with Diane Stanley:**
Answer to Evil: A Dream for Our Time

Webinar 6: **Susan Schwartz & Elena Liulina**
The Effect of Absent Fathers: Father Desire, Father Wounds



With thanks to ARAS