

#WithUkrainianJungians

Walking alongside our Ukrainian colleagues and all those facing erasure

#WUJ Webinar series

Tuesday February 21st 2023 at 18:00 GMT

NOW BOOKING: <https://tinyurl.com/48sykzmv>

WEBINAR 2: **Sonu Shamdasani & Svitlana Shevchenko:**
Jung's New Cure of Souls: Reflections on Jung's
practice and later shifts in Analytical Psychology.
Chaired by Diane Finiello Zervas

This webinar marks the first anniversary of Russia's full-scale invasion of Ukraine on 24.2.22. Do please join us to support our colleagues.

in association with **GAP** (Guild of Analytical Psychologists), **Wordlywise**
& **ARAS** (Archive for Research in Archetypal Symbolism)

Dear Colleagues and Friends,

“What a night it was!” said one of the future keynote speakers, reflecting on the first webinar of the series. It certainly was.

Joe Cambray & Inna Kyryliuk gave us a fascinating presentation on **Synchronicity and Trauma**, and there were several other very interesting presentations which you can now view - see p. 10 for details.

Over 850 people registered from all over the world.

Around 440 Ukrainians signed up, which is phenomenal!

We raised over £6,000, which will be distributed by **GAP** to those most in need as soon as it becomes available.

Do join us for our second webinar in support of our Ukrainian colleagues when Sonu Shamdasani & Svitlana Shevchenko will be our keynote speakers.

We look forward to seeing you all on February 21st!

Warm regards from the #WUJ Teams



Thank you also to Morya Mariya for sharing the image of the beautiful painting by Ukrainian artist Oleg Shupliak, *‘Embrace/hug the immeasurable’* in response to the first webinar. (see aras.org/wuj for commentary)

Responses to our first webinar

These extracts, from emails received after the 1st webinar, express what our expression of solidarity means to our Ukrainian colleagues.

Do join us for the 2nd Webinar which will mark the anniversary of the Russian invasion of Ukraine last year.

“Many people wrote to me that they cried for a long time both during the meeting and after, but these were tears of empathy, when someone can deeply share your pain, and the pain quietly leaves.”

“I would like to once again convey the full scope and potential of our gratitude for this great Beginning!”

“I convey from a large number of people, more than 50 people wrote to me, their words of gratitude.”

“I am writing you with afterwards of the first seminar with deepest gratitude and warmth in my heart. I am not the only one, some of persons has shared with me how important that was for them to participate, to see all Ukrainians together and all the jungian society which gathered together for support of Ukrainian Jungians.”

“Thank you so much for your kind hearts, attention and efforts, I am sure it is creating a balance with the war and war’s destructive affects.”

“Thank you very much for such important and interesting event in support of Ukrainians. I am touched and grateful for this. We so need to know that we are not alone, that we are supported, cheered for us. Thank you for not being afraid to create a container for the difficult experiences of Ukrainians.”

2. February 21st 2023

Sonu Shamdasani & Svitlana Shevchenko

Jung's New Cure of Souls: Reflections on Jung's practice and later shifts in Analytical Psychology



A view from Jung's study (c) Sonu Shamdasani, 2011

Sonu writes:

"I support the initiative of these lectures on the Care of Souls, as they aim to provide solidarity through community, which is the least one can do in times of collective cataclysms."

This webinar opens a discussion of Jung's practice in psychotherapy, reconstructed through correspondences and diaries of patients. It looks at the codification of therapeutic practice following the rise of training institutes, focussing on developments in London, the broader regulatory apparatus of psychotherapy, and the renewed interest in Jung's practice self-healing as revealed in *Liber Novus* and *The Black Books*.

It is recommended that participants read the following essays beforehand:

Sonu Shamdasani, 'From Neurosis to a New Cure of Souls: C.G. Jung's Remaking of the Psychotherapeutic Patient,' in eds. Mererid Puw Davies and Sonu Shamdasani, *Medical Humanity and Inhumanity in the German-Speaking World* (London, UCL Press, 2020), available on open access at: <https://www.uclpress.co.uk/products/131021>

Sonu Shamdasani, "Jung's Practice of the Image", *Journal of Sandplay Therapy*, 24 (1) pp. 7-22, available at: <https://discovery.ucl.ac.uk/id/eprint/1473764/>

Professor Sonu Shamdasani is Vice-Dean (Health) of the Faculty of Arts and Humanities, University College London, and Co-Director of the UCL Health Humanities Centre. He is the General Editor of the *Philemon Foundation*, and the author and editor of a dozen works, which have been translated into many languages.



Svitlana writes:

“Ukraine is going through very difficult times now, we are fighting for our right to be, to live, to have our identity, our culture, our language, our homeland. Your support is very important to us. The world is so small and everything that happens in our country is reflected and concerns the whole world. And at the same time, the world is so big, and it has enough resources to defeat evil.

I recall the words from Jonathan Lear's book, ‘Radical Hope’, about making a bet on the intuitive belief that there is enough good in the world to make everything end well.”

Svitlana Shevchenko is from Zaporozhye in Ukraine, where her husband works in the nuclear plant that is frequently under Russian attack. She, and has been an individual member of IAAP since 2019. As well as working analytically with individuals and groups, Svitlana conducts lectures and training seminars in her main areas of interest - working with dreams, sandplay therapy, and myths & fairy tales.



Diane writes:

“In the midst of the ongoing horrors of the present war in Ukraine, I believe that as analysts we must once more collectively heed Jung’s urgent plea to wander with human heart through this broken world, through its love and hate, in order to support and understand our fellow human souls (from ‘New Paths in Psychology’, 1913, CW 7: § 409).”

Diane Finiello Zervas is a Senior Training Analyst with the Independent Group of Analytical Psychologists, specialising in the interface between creativity, analysis and the arts. She has a private practice in London, and is one of the founders of the London Circle of Analytical Psychology, which organises the reading seminars of Jung’s *Red Book* over a two-year cycle. She is also an art historian, having written extensively on Italian Medieval and Renaissance art. Her essays on Jung’s art related to *The Red Book* years have appeared in *The Art of C.G. Jung* (2019), and *Phanes Journal for Jung History* (2019 and 2020). She is currently writing a book themed around Jung’s first English seminars in 1919 and 1920.

Money Matters:

As well as providing emotional and psychological support, these webinars are intended as a fundraiser to help those of our colleagues who are suffering severe financial hardship - eg missile damage to their home, medical bills, daily living expenses.

The Jungian community has been very generous.

The first webinar raised over **£6,000**, which will be distributed when GoFundMe transfers funds to IAAP Member, GAP (the Guild of Analytical Psychologists).

If you are Ukrainian, are associated with UJA or UDG and are suffering severe financial hardship, please get in touch with us:

WUJ@citypsychotherapy.org

Please give generously when you sign up for your ticket to **Webinar 2**. Suggested contributions (by geographical region) are on the booking page.

Booking:

Simultaneous translation will most likely be available in German, Spanish, Italian, French, Portuguese and Ukrainian

1.

Make a donation

on our **GoFundMe** page:

<https://tinyurl.com/2uybc9x5>

To be as inclusive as possible, suggested minimum donations (by World Bank ranking) are:

High income: North America, Australia and

Europe: £25 (trainees and routers: £15)

Upper middle income: South America and the

Balkans: £15 (trainees and routers: £5)

Lower middle income: South East Asia and

Africa: £5 (trainees and routers free)

Ukrainians & those working on the front line

with Ukrainians: Free

2.

Book your ticket for Webinar 2

Sonu Shamdasani & Svitlana Shevchenko

Jung's New Cure of Souls: Reflections on Jung's practice and later shifts in Analytical Psychology.

<https://tinyurl.com/48sykzmv>

Join the #WUJ team!

#WUJ urgently needs more volunteers to help with running the webinars and other activities.

Please email the #WUJ team:

- **If you are well organised and reliable and have a few hours of time you could donate to a good cause...**
- **If you are willing and able to translate future flyers from English into Spanish, French, German, Italian or Portuguese...**

wuj@citypsychotherapy.org

It's a great opportunity to meet colleagues from all around the world!

Thank you

"...you birthed the dream ... and it was a magnificent evening! The flame from the candle is strong , it's glowing in all our hearts this evening. And those that missed the viewing will be thrilled to see it online. Well done to the team - it is really extraordinary what you are all creating and what is being created through you."

Webinar Recordings

Webinar 1:

Joe Cambray & Inna Kyryliuk
‘Synchronicity and Trauma’

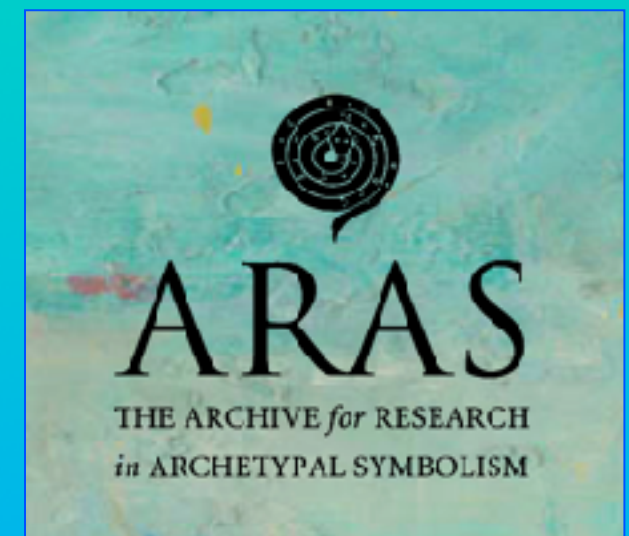
The recording of Webinar 1 is now available to view in English, Ukrainian, German, Italian, Portuguese, French & Spanish on the ARAS website:

<https://aras.org/wuj>

Please feel free to share the link and to make a donation:

<https://tinyurl.com/2uybc9x5>

With thanks to ARAS



#WUJ - ARAS Image Project

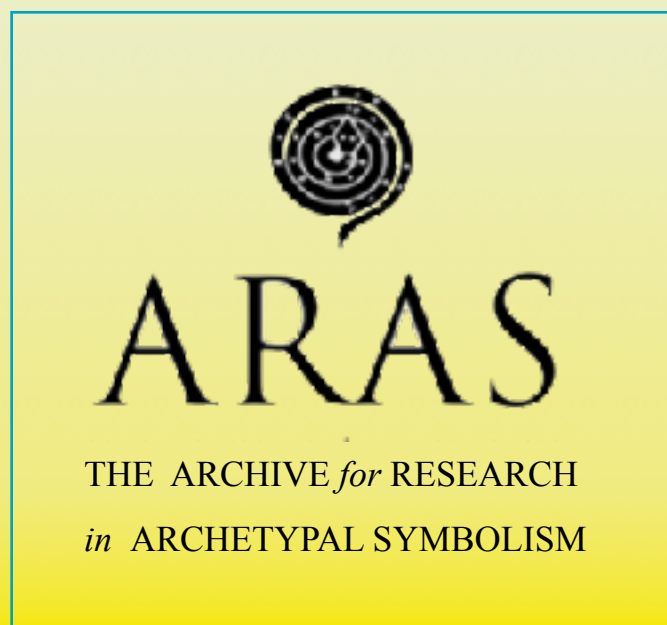
Now live: <https://aras.org/wuj>

We will be preparing a short slide show for people to view on arrival in the Webinar 2 Zoom room to mark the anniversary of Russia's full-scale invasion of Ukraine on 24th February 2022.

Please send images for the slideshow to: info@aras.org

Please submit images or pieces of music for the gallery to:

<https://aras.org/wujgallery>



For inspiration, here is the poem by Ukrainian poet Pavlo Vyshebababa that was read out at Webinar 1:

To My Daughter

*Just don't write to me about the war,
tell me if there is a garden near you,
do you hear grasshoppers and cicadas,
and whether snails crawl up vines.*

*How in those lands far away from us
do people name their cats?
What I would most wish
is that there were no sadness in your lines.*

*Are there cherry and apricot blossoms?
And if they give you a bouquet,
don't tell them how you fled from missiles,
tell them how well we lived here.*

*Invite guests to Ukraine,
everyone you meet in the foreign land.
We will show everyone after the war
how grateful we are for the peace of our children.*



#WithUkrainianJungians

#WUJ Dream Depository

**You are invited to drop any dreams,
synchronistic or somatic experiences
into the #WUJ Dream Depository.**

The Depository is anonymous.

<https://forms.gle/NfasrSEVJC31YYaR6>



#WithUkrainianJungians

Film Project: ‘Frames and Borders’

An international Jungian community film project reflecting our lives in the year ahead and who we are to each other. We will use the lens of our experience of the Ukrainian War, which may reach elsewhere.

Everyone is invited to participate. All you need is your mobile phone or a camera!

‘Frames and Borders’

Frames: the film frame as border, framing ourselves and our lives, framing our understanding, framing our identity, framing realities.

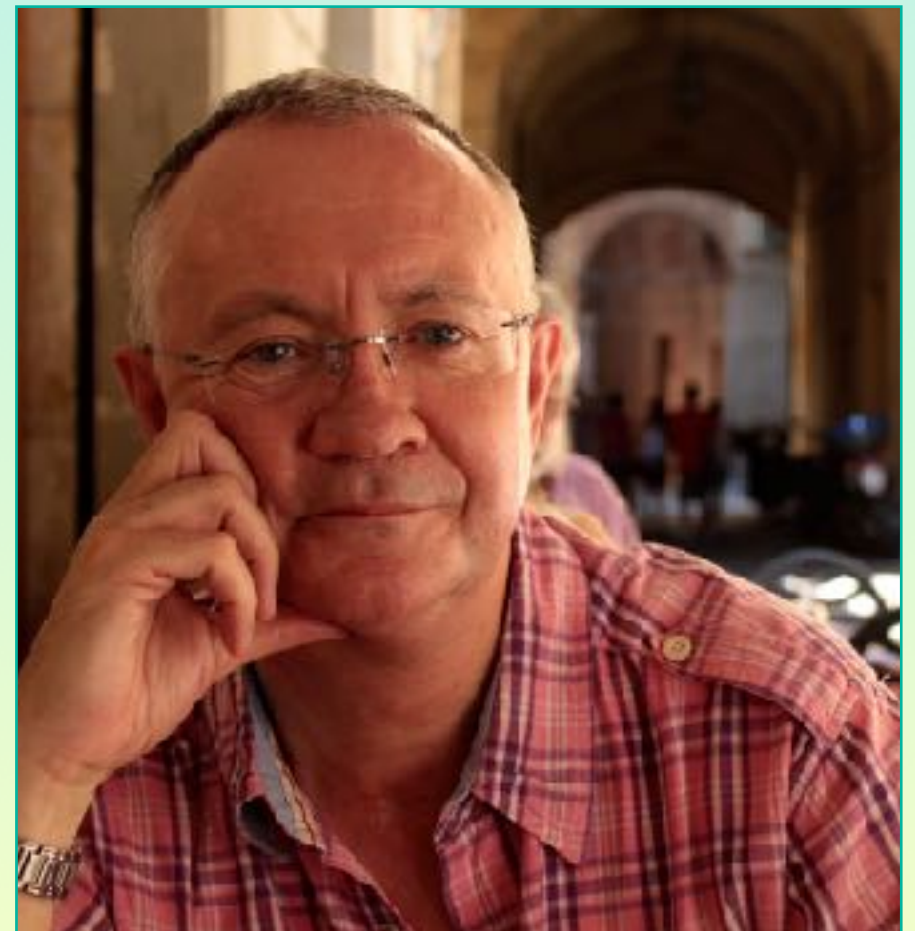
Borders: between countries, between people, between conscious and unconscious, between psyche and matter, between thought and feeling.

The project will be led by Jungian analyst and film maker Christopher Hauke (SAP)

<https://www.christopherhauke.com>

Chris writes: *“The aim is to make a community documentary film (or shorter films) that represents the Jungian community in these troubled times.*

If successful, we will offer it for viewing at the IAAP Congress in Zurich in 2025.”



How will the Film Project work?

There are two ways to participate:

1. **Submit a short film clip** from your phone or a camera.

If you can work out how to do so, please select 1080 resolution (full HD, 1920 x 1080 pixels). This one is a common screen resolution for smart phones.

A minimum of 720 resolution (HD, 1280 x 720 pixels) is acceptable (but not preferred).

No more than **90 seconds** long. (Other clips, such as a short interview, may be submitted by arrangement with the production team)

2. **Join the production team** led by Chris Hauke.

Frames: the film frame as border, framing ourselves and our lives, framing our understanding, framing our identity, framing realities.

Borders: between countries, between people, between conscious and unconscious, between psyche and matter, between thought and feeling

What is the production team?

The production team is a group of people (around a maximum of six with at least two from Ukraine) with some familiarity of handling video files (MP4 usually); being able to store and catalogue these; ability to upload and download them using a suitable platform such as Dropbox. (If you are reasonably confident on your computer handling video files is easy to learn, so if you would like to be involved please do contact us.)

The group would also act as a production team viewing all the submissions and deciding on the story or stories we want to make from them that would be the finished documentary (or shorter documentaries).

We will also be looking for people to conduct short interviews of members of the Jungian community.

Chris has the facilities to edit the film using Adobe Premiere Pro, but people with the ability to sub-edit sections and supply them in a convenient format would be helpful.

Translating and sub-titling will need to be coordinated across all clips and the final edit.

No previous experience required - just enthusiasm for the project!
There will be roles for everyone.

What should we film?

Aspects of the life being lived right now:

- Aspects of the life you would like to live and rarely get a chance to
- Anything around the theme of *frames* and *borders* and what that means to you (see above)
- A major external event
- A scene or streetscape (with or without commentary)
- Buildings - inside and out
- Day to day activity
- Life starting up and trying to return to normal
- Your dreams in the context of your life
- Synchronicities happening all the time
- Folk story connections
- Images that speak for themselves
- Reflections on your experiences
- Material to do with the body, the spiritual, nature...

Please remember:

- Always get the permission of any person you are filming
- Aim for realism
- Discuss potentially longer interviews with the production team (these might be good to divide up and link various other clips)
- Provide language translation in English and Ukrainian (we can also do this with our helpful team of translators)
- Film in 'landscape' orientation (phone held horizontally) to match 16:9 widescreen format (this is the standard default). Then all contributions are on a consistent footing. (Holding phone vertically in 'portrait' tends to make a special point as 'coming from an amateur' eg in newscasts).
- If needed, the team can offer advice on how best to film your clip.
- You may submit several clips over the course of the year.

Finally, bear in mind our title, 'Frames and Borders':

Frames: the film frame as border, framing ourselves and our lives, framing our understanding, framing our identity, framing realities. **Borders:** between countries, between people, between conscious and unconscious, between psyche and matter, between thought and feeling

We invite you to do something different this year!

Please email **Chris Hauke:** christopherhauke@icloud.com if you would like to be involved.