

#WithUkrainianJungians

**Walking alongside our Ukrainian colleagues and all those facing erasure**

**Webinar 13   Tuesday 13th February 2024   18:00 - 19:45 GMT**

## **Katerina Sarafidou & Yurij Danko**

*Love Inside-Out: Jung's Black Books as a framework for shaping one's attitude towards life, war and analysis.*

Chair: **Heyong Shen**

**ALL ARE WELCOME**

**Book HERE**

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# Welcome

Dear Colleagues and Friends,

It is tempting to feel despair when we look at our world today. We see hatred, violence and destruction in Ukraine, the Middle East and in numerous other parts of the world. So many political leaders seem more concerned with satisfying their narcissistic needs than serving their people. Humanity still does not want to make the sacrifices necessary to save the planet; misinformation, the rise in homophobia and racism, the huge numbers of displaced people, where can we possibly find an antidote to such powerful negative forces?

There is one energy in the world that can withstand all this - **love**.

*“Love is a force of destiny, whose power reaches from heaven to hell*

*We must, I think, understand love in this way if we are to do any sort of justice to the problems it involves. They are of immense scope and complexity, not confined to any particular province, but covering every aspect of human life”*

(C G Jung CW 10, para 198)

*“Nothing is possible without love...for love puts one in the mood to risk everything”.*

(C G Jung Letters Vol 1, p213)

Jung's Black Books is a collection of seven private journals recorded by Jung between 1913 and 1932 - starting not long before the First World War. The books themselves were considered so esoteric that they were locked away in a Swiss bank vault, lest Jung be dismissed as a crazy mystic. But the experiences he recorded in them underlie all his subsequent writings and, indeed, Analytical Psychology, itself.

The Black Books were not published until October 2020. They are, indeed, deeply mystical and spiritual in content - but also incredibly grounded. No spiritual bypassing here. They are about the ultimate encounter with reality in its totality - dark and light. They are about living a life that is deeply attuned to the objective psyche.

For the uninitiated, a guide is best and there are few better qualified than Katerina Sarafidou. She has a breadth and depth of knowledge and understanding that has been acquired after years of studying and teaching the Red and Black Books, including on the highly acclaimed 2-year course run by the Circle of Analytical Psychology. Hers is a knowledge that is not just theoretical and academic, but a deep knowledge of the type Jung referred to when asked about his belief in God. "I don't need to believe, I know".

Yurij Danko has an interesting story (see his bio). He is now Vice-President of the UAAP and is a very loyal supporter of #WUJ. He has stayed in Kyiv throughout the war and will be speaking about the city, a city of immense symbolic, historical and cultural significance.

For many Heyong Shen needs no introduction. An analyst and academic, he is a towering figure in analytical psychology in China. His team at the University of Macau integrates Analytical Psychology and Chinese culture in a "Psychology of the Heart". The clinical aspect of the project utilises sandplay and embodied imagination in a "Garden of the Heart and Soul" public service program. Since 2007 85 "Garden of the Heart and Soul" stations have been established, run by over 2,000 trained volunteers.

This webinar is not about love in the Valentine's Day commercialised sense, but about a far more complex and necessary reality. For Jung, there could be no individuation without bringing something back to the community. Please come and show your concern, care and love - dare we experience it and name it - for our colleagues caught up in the wars against Ukraine and in the Middle East.

Warmly  
Catherine Cox

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# Katerina Sarafidou



## **Katerina's personal statement:**

*Experiences of war, displacement, mass violence and the suffering and chaos that they bring, confront us with a face of humanity which tends to remain hidden during more peaceful times. Such experiences can devastate our private lives and force us to descend into the public arena to give our suffering ear and understanding.*

*Since the beginning of the war in Ukraine, I have worked with a number Ukrainians in various settings and I have been deeply humbled by their resilience and ability to continue thinking, feeling, and their determination to preserve their identity and a sense of connection with each other and with the world under enormous pressure and pain.*

*A sensibility to such collective happenings through Jungian ideas, including as these emerge in Jung's Red Book and Black Books can offer a way of facing and dealing with the whole of the psyche and provide wisdom and comfort in dark times. In my seminar I am looking at one of those ideas, the idea of love as this is idiosyncratically and paradoxically laid out by Jung in his Black Books.*

**Katerina Sarafidou** is the Head of Research and former Jungian Director of the MSc. Psychodynamics of Human Development run by Birkbeck College and the British Psychotherapy Foundation. She is an honorary member of the British Jungian Analytic Association and is carrying out academic research at the Warburg Institute on Jungian theory and German aesthetics. Katerina is one of the three founders of The Circle of Analytical Psychology, which offers a 2-year course of study on Jung's Liber Novus. She is also leading a Reading Group for the British Psychotherapy Foundation focusing on the systematic study of Jung's primary texts.

## **About this webinar**

**Jung's Black Books, published in October 2020, form the foundation of all subsequent theoretical formulations of analytical psychology, and provide the source material of Jung's Red Book, published in 2009. One of the themes emerging from these notebooks is the idea of love as the central experience of being human, but also as the foundational element of psychic change.**

**This webinar presentation will explore how Jung's idiosyncratic ideas around love in the Black Books can help in our understanding of human nature and in shaping our attitude towards life in difficult times, both personal and collective.**

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# Yurij Danko



## Yurij writes:

*As the war in Ukraine shows no end in sight, I have immense admiration for the resilience and endurance of my fellow Ukrainians and the unabating hope for victory that lives in all our hearts.*

*In my beloved city Kyiv, ancient Capital of Ukraine, the Wall of Remembrance near the main cemetery was destroyed by the Communist regime in 1962. Created by the sculptors Ada Rybachuk and Volodymyr Melnychenko, this monumental Wall's remains lie below a deep layer of concrete, unforgotten. It is for me the symbol of the beauty of the city and its people, of our culture and memory, unseen yet sustaining our strength and hope for a bright future for Ukraine.*

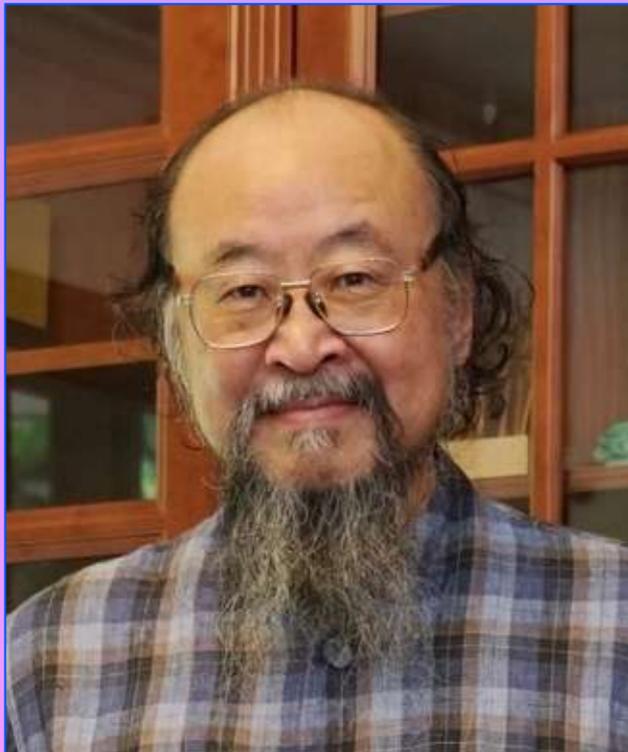
**Yurij Danko** was born in the north of Russia 60 years ago, but has lived in Ukraine since the age of 12. He graduated from the Kyiv National Shevchenko University, Faculty of Cybernetics in 1980 and went on to work at the Glushkov Institute of Cybernetics in Kyiv as a system programmer. In the early 90s, Yurij became interested in the humanistic psychology of Andre Roche and took several PRH courses. Since 1997, he was trained in Hanskarl Leiner's method of symbol drama. In the late 90s, he joined the Ukrainian group of analytical psychologists, which in 2004 received the status of an IAAP developing group.

In the Ukrainian Developing Group (UDG) he held the position of Hon. Secretary and later President. In 2008, he became an IAAP Router and started analytical training, which culminated becoming an individual member of the IAAP in 2016 Yurij co-founded the Ukrainian Jungian Association (UJA), and is now Vice-President of the newly created Ukrainian Association of Analytical Psychology (UAAP). He has participated in IAAP congresses since 2004, and has spoken at the European conferences in Vilnius (2009), St. Petersburg (2012), Trieste (2015), and Avignon (2018).

For the last 10 years, Yurij has been involved in organising annual UGR conferences with the participation of foreign speakers. His areas of interest are dreams, group work, archetypal theory and active imagination. He works with adults, groups, as an analyst and supervisor.

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# Chair: Heyong Shen



**Heyong Shen Ph.D.**, (China) is the author of *Jung and Chinese Culture* (2018) and *Psychology of the Heart* (2020), as well as 16 books and numerous articles on analytical psychology and Chinese culture. Dr. Shen is a professor at the City University of Macao and Oriental Academy of Analytical Psychology (Guangdong), a Jungian analyst, and organiser of the International Conference of Analytical Psychology and Chinese Culture (1998-2023). He has presented at Eranos Conferences and the Fay Lecture Series and has promoted the 'Psychology of the Heart'. He set up the *Journal of Analytical Psychology* in Chinese and is chief editor for the Chinese translation of C.G. Jung's *Collected Works*.

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1.

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2.

## Book your ticket

**Webinar 13: February** [HERE](#)

Katerina Sarafidou & Yuriy Danko

# Recordings

## All webinars are recorded.

The webinars are always available in **English** and **Ukrainian**.

Some webinars are available in other languages, including **Chinese, German, French, Italian, Spanish & Portuguese**.

We are grateful to **ARAS** for hosting the recordings, enabling colleagues in other time zones to participate and providing a resource for the Jungian community and general public..

As well as providing support to all those colleagues in fear of erasure, the webinars are intended to raise funds for those colleagues in Ukraine who are suffering severe financial hardship. Whether you attend live or join us via a recording, please do consider donating a gift to our Ukrainian colleagues.

**Would one hour's fees be possible?**

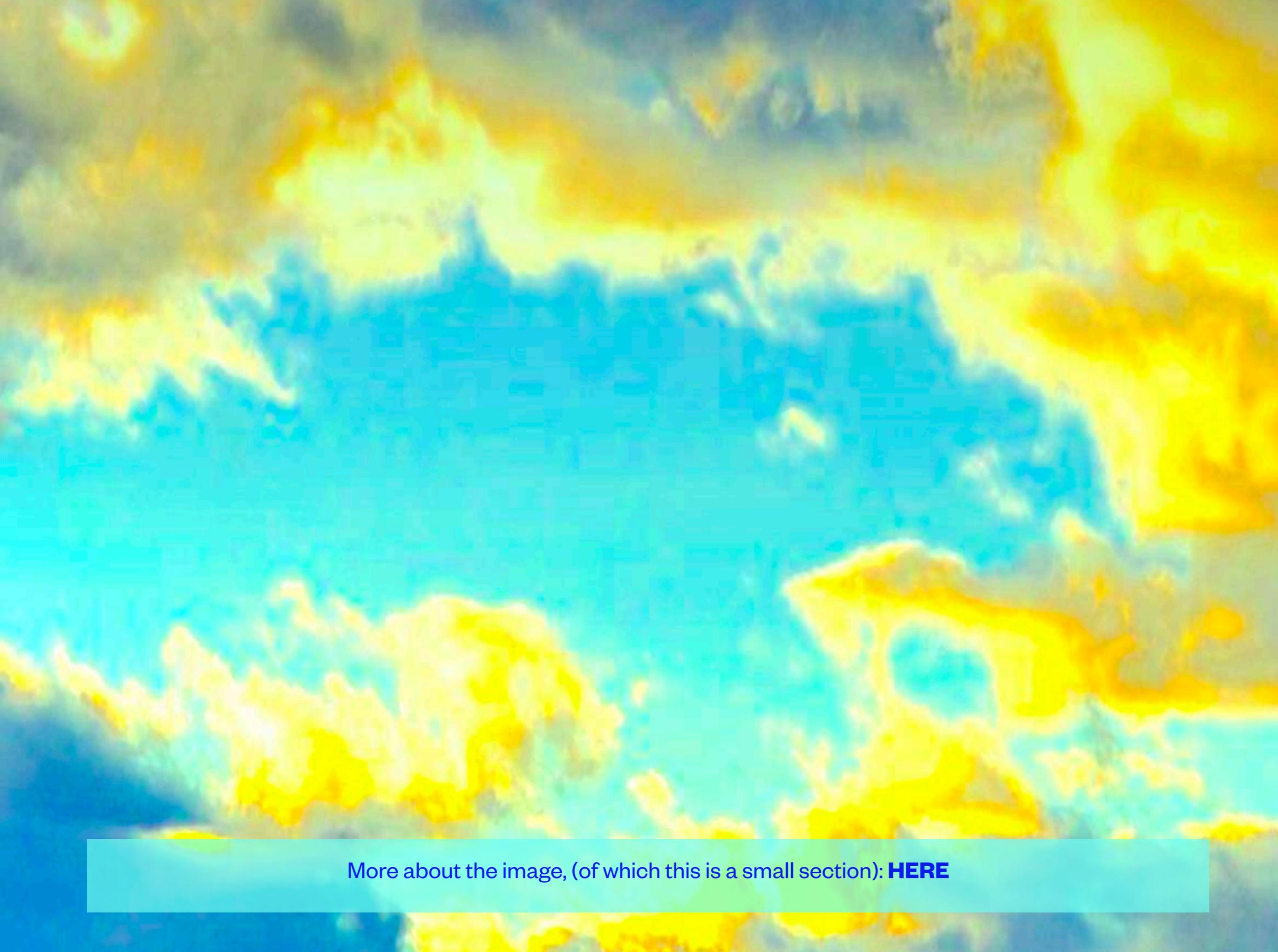
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We usually play a slideshow whilst people arrive in the Zoom room.

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More about the image, (of which this is a small section): [HERE](#)