

Psychotherapy and Politics: A Charter for the Future

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As my contribution to this book, published by ARAS to whom we owe a lot, I am providing a link to the video of the 20-minute talk I gave at the conference. It includes a 'charter' for the future of the project of Analysis and Activism - to bring depth psychology and psychotherapy into closer contact with the world of politics.

In the talk, I address some issues that are particularly relevant to Jungian psychology, including the question of racial prejudice and whether Jung was really just 'a man of his times.'

However, as my talk is rather downbeat, dystopic and sceptical, I'd like to ask my readers to warm up by listening to Leonard Cohen's song THE FUTURE which I have been playing at several lectures and conferences during the pandemic. This version has amazing images embedded into it, as well as the lyrics on-screen:



Now, we get to the main course, which is my talk from the conference:



Finally, still with the pandemic in mind, - a topic not much mentioned during the conference because the papers were chosen before COVID-19 hit us - here are some of its fruits: [A series of YouTubes and other videos that I made.](#)

Andrew Samuels (UK) is a Jungian analyst, professor, author and political consultant. With Emilija Kiehl, he launched the group within IAAP now known as Analysis and Activism. His many books have been translated into 21 languages. The first one was *Jung and the Post-Jungians* (1985) and the most recent *A New Therapy for Politics?* (2016) and *Persons, Passions, Psychotherapy, Politics* (2017). www.andrewsamuels.com

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